# The Flamborough Chamber of Commerce BOTTOM LINE

#### **VOLUME 9, ISSUE 4**

### The President Reports: A SHAMELESS RIBFEST PLUG

I want to follow up on my columns on accessibility requirements and cuts to Ontario horse racing plus – if room permits – add a shameless plug for the *OH Canada Ribfest* scheduled for June 29-July 2 at Memorial Park in Waterdown.

Sure hope I have room to promote this year's *Ribfest* with Canadian Idol Brian Melo performing July 1; Canada Day fireworks and 'Movie in the Park' on June 30; and, an expanded Market Place featuring vendors with jewelry, fashions and gifts. I'd really be disappointed if I did not push Freedom Train on June 29; the Killin' Time Band on June 30; and, the 905 Band on July 2. The kids will enjoy the Safari Science and interactive reptile show on Canada Day just before 40 people become new Canadian citizens at a ceremony at 2 pm. So if I don't have space to promote this event go to *www.ohcanadaribfest.ca* for details.



(Editor's Note: In addition to being the President of the Board of Directors of the Flamborough Chamber of Commerce (FCC), Hal Bushey – as a member of the Rotary Club of Flamborough AM – is also the Co-Chair (along with Gary Ewart of the Rotary Club of Waterdown) of the OH Canada Ribfest.)

Hal Bushey President, FCC

A few months ago I talked about the new requirements for accessibility standards for businesses and since then I've no-

ticed some positive things occurring in our community. One business had a sign posted identifying that guide animals were allowed in their store. Another had a wheelchair available for use. These are small steps but suggest that local businesses are beginning to think about their customers with disabilities and are taking steps to ensure they are welcomed. Let me know how your business is addressing the needs of customers with disabilities and I'll share your creative approaches for others to consider.

I'd like to comment on the latest developments regarding Ontario's horse racing industry. But I've run out of space. Sure hope we'll see you at *Ribfest*.



# **2012 FLAMBOROUGH OPEN WINNERS**

Incredibly beautiful weather greeted golfers at the Carlisle Golf & Country Club on May 23 when the Flamborough Chamber of Commerce (FCC) and the Rotary Club of Waterdown hosted the *2012 Flamborough Open*. ABOVE: A team representing the Flamborough Community Church ended up with the best score. The winning team consisted of (from left) Barry Wallace, Ken Raymer, Colin Young and Rodger McQueen. BELOW: The father-and-son duo of Cal and Chris Bosveld won two of the individual contests. Cal, (below, left) – a former co-owner of the *Flamborough Review* – is pictured with sponsor Mike Martin of Skyway Life Insurance Brokers after winning the putting contest. Skyway Life Insurance Brokers administers the FCC's extended health benefits program. Chris (below, right) – a business co-op student at Wilfrid Laurier University – is pictured with sponsor (and Rotarian) Rick Ludwig of Kitching Steepe Ludwig Funeral Home after winning the Men's Closest to the Pin contest. Chris also placed second in the longest drive competition. For more photos, please turn to page 6. See next month's edition for additional pictures.



# WATERDOWN COLLISION

#### JUNE, 2012

# **MEMBERS • FLAMBOROUGH CHAMBER OF COMMERCE**

Engravers

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Accountants/Bookkeeping	Beckett Lowden Read, C.A. 20 Main St. N
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Airports	John C. Munro Airport, 9300 Airport Road, Mt. Hope888-757-1111
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Aluminum	Fafard Aluminum, 445 King William St., Hamilton905-528-3190
Antiques & Flea Markets	Mizeners Antique & Flea Market, Highway #5 W
Appliance Sales & Service	M & M Products, Quality Home Appl., 202 Conc. 5905-689-0506
Attractions	African Lion Safari, RR 1 Cambridge519-623-2620
Auctioneers	Jim McCartney Auction Services, Box 476, Waterdown905-689-8778
Auto-Repair	Carstar Waterdown, 232 Dundas St. E
-	Dick's Transmission Service, 28 Dundas St. E905-689-4882
	Jay's Auto Service, 19 Flamboro St
	Waterdown Collision, 24 Dundas St. E
	CT&G Automotive Specialists, 941 Centre Rd905-690-6660
Auto-Tires	Grisdale Enterprises Inc., 400 Brock Rd. Dundas905-627-0224

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Bakery	Cupcakes of Westdale Village, 1050 King St. W	905-308-8484
Banks	Bank of Montreal, 95 Dundas St. E.	905-690-8970
	CIBC, 9 Hamilton St. N	905-689-6685
	RBC, 304 Dundas St. E	905-689-6459
	Scotiabank, 76 Dundas St. E	905-689-6817
	TD Canada Trust 255 Dundas St F	005 600 9772

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Cable/Internet/Telephone CasinosCogeco Cable, 950 Syscon Rd., Burlington
CaulkingBeverly Caulking, 971 Conc. 5 W.905-659-3367CharitiesDrummond House, 67 Conc. 5 E905-689-1484United Way, 177 Rebecca St. Hamilton905-527-4543ChiropractorsParkside Chiropractic, 115 Hamilton St. N.905-689-2777ChurchesCommunity Church, 271 Con. 6 E.905-689-2769-3619Clothing-WomenLareina's, 255 Dundas St. E.905-690-1866Commercial LeasingFlamborough Power Centre, 2500 Appleby Line, BU905-659-5417Concrete-PrecastCoreslab Structure (Ont) Inc., 91 Hwy #5 W.905-669-3744ConstructionKev-Art Contracting, Rockton519-647-2267Shelterclad Construction, 1190 Westover Rd, Millgrove905-669-3340Van Hoeve Homes, 1044 Garden Lane, Millgrove905-669-6733City/Hamilton, Econ. Dev., 1 James St., S., Hamilton905-689-2400
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CV Consulting & Contracting, Copetown905-628-0645
Economic Developers Ass. of Canada, 7 Innovation Dr. 905-689-8771
LMI Canada - Penny Deathe, Waterdown
Maria Demkowich Consulting Services, Waterdown905-515-8778
Consultant IT Birmingham Consulting Inc, 153-1235 Fairview
Consultant-Personal Injury Stan Gray Consulting, 845 Upper James St., Hamilton905-528-9937
Consultant-Pharmaceutical CanReg Inc., 4 Innovation Dr
Lukang American Pharmaceuticals, 7 Innovation Dr905-690-8881

#### DDDDDDDDDDDDDDDDDDDDDDDDDD

**Dance Instruction** DanceMakerz, 12 Innovation Dr. Dentists The Firehall Dentist, 4 Barton St.

905-690-4777 .905-689-9111

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**Denturists Dog Trainers** McCann Professional Dog Trainers, 929 Brock Rd. ......905-659-1888

### EEEEEEEEEEEEEEEEEEEEEEEEEEEEEE

Electrical	Enek Electrical, Box 132, Millgrove905-971-6267
Employment Services	YMCA Employment Services, 3-35 Main St. N
Engravers	Sherwood Badges, 32 Parkside Dr

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Fairs & Exhibitions Farm - Commodities	Rockton Agricultural Society, Box 38, Rockton519-647-2502 J. D. Smith Farms, 951 Safari Rd905-659-7936
Farm Equipment	Galer Farm Equipment, Hwy. #5 W
Financial Services	JSB Wealth Management, 5-20 Main Street N905-689-2425
	Gary Titley & Associates, 80 Hamilton St. N
	Investors Group, 600-390 Brant St., Burlington
	Monteith Financial Grp, 678 Spring Gardens Rd., BUR. 905-572-7526
	TEN STAR Financial Services, 95 Hamilton. St. N905-689-7911
Fitness & Health	Dynamic Body Health and Fitness, 5 Mill St. S
Flight Instruction	Dundas Flying School, 11 Bluejay Crt 905-689-2067
Flood Damage	Al-Care Restoration Services, Box 1260905-689-5298
Florist	Ridgeway Florist, 291 Parkside Dr905-689-8288
Funeral Homes	Kitching Steepe Ludwig, 146 Mill St. N905-689-4852

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Garden Centre	Terra, 8 Conc. 5 E905-689-1999
Gifts	Dutch Mill Country Market, 533 Millgrove Side Rd905-689-7253
Glass & Mirror	Grainger Glass, 25 Franklin St
Golf Courses	Carlisle Golf & Country Club, 523 Carlisle Rd
	Copetown Woods Golf Club, 1430 Conc. 2 W
	Flamborough Hills Golf Club, 71 Hwy # 52, Copetown 905-627-1743
	Pineland Greens Golf Course, 722 Safari Rd. Millgrove 905-659-1271
Gourmet Shops	Greensville Gourmet, 161 Hwy # 8, Dundas905-627-7775
	Rockton Berry Farm Country Market, 621 Hwy. 8905-627-9720
Greenhouses	Harster Greenhouses, 250 Hwy #8, Greensville905-628-2430

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Hair Salons	Nick's Hair Design, 1132 Fennell Ave., Hamilton905-388-1811
Hardware-Retail	Canadian Tire Associate, 11 Clappison Ave
	Weeks Home Hardware, 71 Hamilton St. N905-689-6618
Health & Wellness	Turning Point Detox, 1222 Hwy. #5 West905-523-8369
Heating & Air Conditioning	Excel Heating & A/C Systems, Box 1170, Waterdown905-689-3446
	Flamborough Air Systems, Waterdown905-689-0610
Heavy Equipment Repair	Murfin Equipment Service, 31 Dundas St. E905-689-6306
Home & Garden	Grasshopper Imports, 1134 Hwy. #6 N905-689-4079
	Rona Home and Garden, 52 Dundas St. E905-689-8700
Home Improvement	Custom Home Improvements, 304 Progreston Rd905-689-1750
	Grindstone Home Improvement, Box 905, Waterdown905-689-8616
	Hickory Dickory Decks, 115 Dundas St.W905-689-4774
Home Renovations	Riverin Wood Products, 321 Dundas St. E905-689-8494
Home Theatre	Home Theatre Excellence, 257 Freelton Rd905-690-1162

Dairy Queen, 233 Dundas St. E.....

905-689-8514

Continued on Page 7

Join the Flamborough Chamber of Commerce today for less than \$1 per day and have your business listed in this directory which is distributed to over 13,000 Flamborough homes and businesses every month by the Flamborough Review!

**Ice Cream** 

# **MAINWAY HUNTER CREIGHTON**

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THE BOTTOM LINE -



### WASN'T THAT A CARWASH

It was all thumbs up for Dante DiFelice (front, centre) as he, his family and a small army of volunteers hosted a recent fundraising carwash at Waterdown Collision. Among those getting 'the best car-wash ever' was FCC Executive Director Arend Kersten (back row, centre), who joined the DiFelice family for a group photo. Pictured (from left) is grandfather Domenic (a recipient of the FCC Lifetime Achievement Award), brother Domenic, mom Patty and dad Max. Dante has cystic fibrosis and his fundraising efforts to help find a cure resulted in Dante being named an Ontario 'poster child' in the fighting the disease. In February, the FCC presented the Sandy Gray/Weeks Home Hardware Community Service by an Individual Award to Dante at the annual Outstanding Business Achievement (OBA) awards gala.

# TRULY THE END OF AN ERA

Flamborough Chamber of Commerce (FCC) Executive Director Arend Kersten attended a recent luncheon honouring Edith Juurinen (right) on her retirement after over 30 years with COGECO community television. Joining Arend in congratulating Edith was Maureen Tilson-Dyment, who also retired from COGECO recently after 30+ years. Both Edith and Maureen have been exceptional supporters of the FCC over the years, highlighted by taped broadcasts of the annual Outstanding Business Achievement (OBA) awards gala where the FCC honours the very best in corporate excellence and community service. The FCC extends its gratitude and best wishes for very long retirements.





In recognition of facade improvements to their businesses, Mayor Bob Bratina recently made presentations to Melissa Taylor of Taylor Plumbing and Richard O'Brien of Turtle Jack's in Waterdown. Both companies are proud members of the Flamborough Chamber of Commerce.

# Flamborough Chamber of Commerce ANNUAL EVENT CALENDAR

The Flamborough Chamber of Commerce (FCC) organizes, hosts and promotes a variety of activities for its members, offering a wide variety of networking, educational and celebratory opportunities. Details of the events are shared in the *Members Only* newsletter which is distributed to all FCC members on a regular (usually weekly) basis.

#### The Flamborough Breakfast Club

Offering the best in delicious food, great fellowship and outstanding networking opportunities, the *Flamborough Breakfast Club* – co-hosted by the FCC and the Rotary Club of Flamborough A.M. – usually meets the third Wednesday of each month (except during the summer months) at the Dutch Mill Country Market on Millgrove Side Road.

#### Business After Five (BA5)

Typically held once a month (except during the summer months), the FCC hosts a *Business After Five* (BA5) networking event. This casual come-and-go event runs from 5 p.m. to 7 p.m. and offers a complimentary beverage, delicious munchies and door prizes (draw at 6 p.m.). Pre-registration is not required and there is no cost.

#### Outstanding Business Achievement (OBA) Awards Gala

Honouring the 'very best of the best' in corporate excellence and community service, the FCC hosts the annual *Outstanding Business Achievement* (OBA) awards gala – at what has evolved into <u>the</u> social event of the year in Flamborough. Nominations are encouraged throughout the entire year.

#### The Flamborough Open

Representing an extraordinary community partnership, the Rotary Club of Waterdown and the Flamborough Chamber of Commerce (FCC) co-hosts the annual *Flamborough Open*, the premier local golf tournament. To register for what has become the must-attend local golf tournament, please contact the FCC office.

#### Great Mini Putt Challenge

Try your skills at the *Great Flamborough Mini Putt Challenge* which is hosted every summer by the FCC. Winners are recognized in both the individual as well as the corporate team categories. Another FCC event offering fun and fellowship.

# WATERDOWN BIA



## **DUNDAS-ANCASTER-FLAMBOROUGH SOROPTIMISTS CELEBRATE 25TH ANNIVERSARY**

This year, Soroptimist International of Dundas-Ancaster-Flamborough (SIDAF) celebrates its 25th anniversary. The members of SIDAF are 'women at their best helping other women achieve their best' and SIDAF has been doing so locally for a quarter of a century! Soroptimist International is a worldwide organization for women in management and professions. Soroptimists work together with groups and individuals to help women and girls in our local communities of Dundas, Ancaster and Flamborough as well as throughout the world. This year the anniversary celebration was held jointly with the annual Awards Night at the Copetown Woods Golf & Country Club. The amazing award-winning women are: Ruby Award – Cathy Braden; Women's Opportunity Award (WOA) – Samantha Pirrera; WOA runners-up – Tambu Kahari and Crystal Dainard; and, Violet Richardson Award – Jasmin Goldstein. Congratulations to the winners – and to all the wonderful women in our communities.

#### **OUTSTANDING BUSINESS ACHIEVEMENT AWARDS CELEBRATE THE VERY BEST IN CORPORATE EXCELLENCE**

LIFETIME ACHIEVEMENT AWARD Col. Gordon Dailley **African Lion Safari** Mike Demkowich J.D.J. Trailers Domenic DiFelice Waterdown Collision Hank Gelderman Jan Gelderman Landscaping Sandy Gray Weeks Home Hardware Bill Grisdale **Grisdale Enterprises** Jay Hughes Jay's Auto Service Karen Hunt **Rockton Dinner Theatre** Charles & Margaret Juravinski flamboro downs Archie McCoy **McCoy Foundry** Jim and Margaret Robertson Pause Awhile Tea Room Ron Steepe **Kitching Steepe & Ludwig Funeral Home** Ernie Weeks Weeks Home Hardware

**BUSINESS GROWTH AND ACHIEVEMENT AWARD** 2006 - Hickory Dickory Decks 2006 - DanceMakerz 2007 - CHOICES 2007 - Magnolia House Spa 2008 - Dufferin Aggregates 2008 - Aventix 2009 - Langford Pharmacy 2009 - Waterdown **Optometric Clinic** 2010 - The Lock Hut 2010 - Millgrove Gardens 2011 - Greensville Gourmet 2011 - McCann Professional **Dog Trainers** 

#### TOWN OF FLAMBOROUGH AWARD 2006 - Sylvia Wray Flamborough Archives 2007 - flamboro downs 2008 - Cpl. Chris Klodt 2009 - Gail Bosma Flamborough Food Bank 2010 - Ryan Ellis Mark Visentin Canadian Junior Hockey Team 2011 - OH Canada Ribfest Rotary Club of Flamborough AM Rotary Club of Waterdown

**HOME HARDWARE AWARD** *Community Service* by an Individual Award 2006 - Deb Tigchelaar **Drummond House** 2007- Tom Jacques **Hickory Dickory Decks** 2008 - Heather Johnston and Ted Lindsay **Flamborough Review** 2009 - Peter Barnes Waterdown Youth Centre 2010 - Marti Van Hoeve Van Hoeve Homes 2011 - Dante DiFelice Waterdown Collision 2011- Norm Read **Beckett Lowden Read** 

SANDRA GRAY/ WEEKS

#### **YOUNG ENTREPRENEUR**

OF THE YEAR AWARD 2009 - Haley Luckanuck Spoiled Rotten Pet Services 2011 - Nicole Martin Talent Search Summer Camp

COMMUNITY SERVICE BY A COMPANY AWARD 2006 - Flamboro Speedway 2007 - Jay's Auto 2008 - Terra Greenhouses 2010 - Waterdown Dairy Queen 2011 - Lafarge Canada

#### CHAMBER OF COMMERCE GREEN AWARD

2008 - Waterdown Collision 2009 - Nathan Helder Gelderman Landscaping 2010- Sensible Life Products

#### FCC AWARD

2006 - Arend Kersten Flamborough Chamber of Commerce 2007 - Lafarge (Dundas) 2008 - COGECO 2009 - Robert Pasuta Councillor - Ward 14 2010 - Fred Eisenberger Mayor - City of Hamilton 2011 - Dutch Mill Country Market

#### **CIVIC RECOGNTION AWARD**

2011 - Flamborough Women's Resource Centre 2011 - Soroptimists International Dundas-Ancaster-Flamborough

# HAMILTON TECHNOLOGY CENTRE

# HONOURED FOR OUTSTANDING COMMUNITY SERVICE

For outstanding contributions to the community, the Board of Directors of the Flamborough Chamber of Commerce (FCC) decided to present special Civic Recognition Awards at this year's Outstanding Businesss Achievement (OBA) awards gala to the Flamborough Womens' Resource Centre – a division of Interval House – and the Dundas-Ancaster-Flamborough chapter of Soroptimists International (SIDAF). What follows are the citations presented at the OBA gala before the presentations.

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#### FLAMBOROUGH WOMEN'S RESOURCE CENTRE

"Finally, we have somewhere to turn to."

That's what Flamborough residents are telling Clare Freeman, the dynamic and visionary executive director of Interval House on the opening of the Flamborough Women's Resource Centre. Here's what Clare had to say as Interval House celebrated its 25th anniversary last year:

"It's hard to believe it has been twenty-five years since we've opened our doors. I remember the passion and inspiration of our founder's vision – to end violence against women by providing a refuge and being the voice for change. We believe, as our founders did, change is possible and it will come from the passion and hard work of those dedicated to make it happen. Our role is to provide more than just a bed."

The program at the Flamborough Women's Resource Centre – a division of Interval House – was built from the ground up, providing for the women of Flamborough and their children vital resources and supports. Community champions like Sandy Gray then of Weeks Home Hardware of Waterdown; Ward 15 East Flamborough Councillor Judi Partridge; and, Deb Tigchelaar of Drummond House worked miracles to make the Flamborough Women's Resource Centre a reality in Waterdown. Having just completed its first year, the services and the needs are ever growing. The goal is to keep reaching women out into the far corners of the Flamborough communities as well as the thriving towns and Waterdown area.

Over 442 hours of telephone or drop-in information was provided to women in the community. It was heard and learned that affordable housing support and placement continue to be a much-needed service in Flamborough. In addition, the Flamborough Women's Resource Centre has learned from the community that it is requesting more counselling; transitional, legal information and advocacy supports; and, youth supports. The Flamborough Women's Resource Centre has responded to these



Flamborough Chamber of Commerce (FCC) Boardmember Jason Small (Flamborough Community Church) presented a *Community Recognition Award* to the Dundas-Ancaster-Flamborough chapter of Soroptimists International (SIDAF) which was accepted by (from left) Pauline Hardcastle, Shirley McCoy, Nancy Davidson, Sandy Gray, Shirley Eden, Maria Demkowich and Janet Barnard.

requests by providing these services.

Last September, the Flamborough Women's Resource Centre launched its first annual "Ruby Slipper Men's Walk" and it was a huge success, raising over \$20,000!

But the Flamborough Women's Resource Centre is on fiscal life support. Because of changing criteria, it needs to find new sources of financial support. Thanks primarily to the efforts of Councillor Partridge, Hamilton Council has thrown the Flamborough Women's Resource Centre a fiscal lifeline with a \$30,000 grant. But it needs another \$100,000 to survive. Council will consider that request when it conducts its annual budget deliberations. But the outcome is far from certain. (NOTE: Hamilton Council did indeed provide the needed funding during its annual *Budget deliberations.*)

The Flamborough Chamber of Commerce believes that the very soul of a community is best defined by how it treats its most vulnerable and least fortunate citizens. Interval House and the Flamborough Women's Resource Centre also subscribe to that principle ... and then walks the talk.

For that, the Flamborough Chamber of Commerce is delighted to present its *Community Recognition Award* to Interval House, with the hope – and expectation – that the Flamborough Women's Resource Centre will also live to see its 25th birthday.

#### SOROPTIMISTS INTERNATIONAL Dundas-Ancaster-Flamborough

The Dundas-Ancaster-Flamborough chapter of Soroptimist International – SIDAF for short – is a women's service organization working to help improve the lives of women and girls in our community. The club has grown to 27 members representing women from all aspects of the business world who are enthusiastic about the need to assist women within our own community and throughout the world. Several SIDAF members are from the Flamborough community.

SIDAF raises funds primarily



FCC Boardmember Wendy Wasylowich (left - Flamboro Downs) and ward 15 Councillor Judi Partridge (right) presented a *Civic Recognition Award* to the Flamborough Women's Resource Centre, which was accepted by Sandra Duden.

through a variety of fundraising events held each year. But the club also receives donations from individuals, community grants and grants through Soroptimist International.

5 THE BOTTOM LINE - JUNE.

8

Each year SIDAF's Programs Committee reviews requests and provides recommendations to the members on how to distribute the funds raised. Some of the recipients of SIDAF assistance have been the YWCA Encore Program (providing \$35,000 to maintain the program until it becomes self-funded); Wesley Urban Youth Projects – assisting the young women's pod; Drummond House; Interval House; and, Flamborough Women's Resource Centre.

As part of it's mandate, SIDAF presents the *Woman's Opportunity Award* to support women who are the head of a household and going to school to further their education and better their life.

Another award – the *Violet Richardson Award* – goes to a female student who is actively involved in volunteering. These recipients are selected through the club's awards committee and some years they have a tough job of making those selections – because there are so many needy and deserving women.

SIDAF assists with donations at Christmas for hampers through the food banks – Flamborough, Dundas (Salvation Army) and Ancaster (Ancaster Community Services). As well, each year it assists the Ancaster Food Drive by packing food boxes.

"Soroptimist International is the world's best kept secret," says the nominator for this award. "For our community and SIDAF, I'd like to see that change."

In recognition of this support for women and children in our three communities, the Flamborough Chamber of Commerce is delighted to present its *Community Recognition Award*.

# 2012 FLAMBOROUGH OPEN CORPORATE SPONSOR

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As it has done so many time in past years, M&L Testing at Clappison's Corners again entered two foursome and was a corporate sponsor for the *2012 Flamborough Open* golf tournament at the Carlisle Golf & Country Club. ABOVE: One of the teams included (from left) Henri Koprowski, Steven Parsons, Moe Chaput and Mike Mizener. BELOW: The second M&L Testing foursome included (from left) Rob Joslin, Brad Emery, Rob Roche and Rich Mizener.



### CORPORATE SPONSOR BROWN FINANCIAL SECURITY 1010-120 King Street East Hamilton 905-529-1819

2012 FLAMBOROUGH OPEN

2012 FLAMBOROUGH OPEN CORPORATE SPONSOR

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2012 FLAMBOROUGH OPEN CORPORATE SPONSOR RBC ROYAL BANK FINANCIAL 304 Dundas Street East Waterdown 905-689-6655

# Thank you to all who contributed to the success of the 2012 Flamborough Open Proudly co-sponsored by the Flamborough Chamber of Commerce and the Rotary Club of Waterdown

#### **COMMUNITY PARTNERS**

Brad Smith - Auctioneer Sherwood Engraving - Trophies TERRA – Where Colour Lives Tim Hortons – Waterdown Wilf Arndt - Photographer

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# **TERRA – WHERE COLOUR LIVES**



# **MEMBERS • FLAMBOROUGH CHAMBER OF COMMERCE**

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Industrial Maintenance	Complete Industrial Maintenance., 3820 Beverly Rd905-902-7169
Industrial Millwright	Flamboro Main. & Mechanical, 730 Middletown Rd905-628-6243
Industrial Minerals	Opta Minerals, 407 Parkside Dr905-689-6661
Industrial Printers	Coding Products of Canada, 7 Innovation Dr
Insurance	Davis Insurance, 323 Dundas St. E., Box 500905-689-6608
	Mainway Hunter Creighton, 1-3305 Harvester Rd., Burl.289-288-3213
	Merit Insurance Brokers, 20 Main St. N
	Skyway Life Insurance, 309 Main St. W., Hamilton905-525-7247
	TEN STAR Financial Services, 95 Hamilton. St. N
Investment Brokers	Edward Jones, 1470 Centre Rd., Carlisle
	Edward Jones, Todd Hayman, 4-331 Dundas St. E905-690-0564

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vellery	Vicky Harrison Designs, 10 Culotta	
·	Waterdown Goldsmith, 9 Mill St. S	905-689-5222

#### LLLLLLLLLLLLLLLLLLLLLLLLLLLLLL

Landscaping	Beaudry Group, 4031 Fairview St., Burlington
	FloraTech Landscaping & Main., 1425 Alderson Rd905-689-5466
	Gelderman Landscaping, 831 Centre Rd905-689-5433
	New Style Gardening, RR 2 Hamilton905-689-8218
	Shademaster Landscaping, 764 Robson Rd905-689-4297
Lawn & Garden Equipment	Briggs & Stratton Yard Tools, 1 Trillium Way, Brantford 519-751-1685
Lawyers	Christopher C. Breen, 3400 Fairview St., Burlington905-689-5559
•	K. Cowan Law, 34-35 Main St. N
	Lazier Hickey LLP, 25 Main St.W., Hamilton
Locksmiths	Dundas Lock & Key, 178 King St. W., Dundas905-627-7985
	The Lock Hut, 12 Glaceport Dr905-689-0514

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Manufacturing	Flamboro Machine Shop, 952 Brock Rd905-659-0404
C C	R&R Manufacturing, Millgrove
Marketing	Instant Marketing Services, Carlisle905-689-7878
-	Serve Media, 998 Courtland Dr., Ancaster
Meat	Millgrove Packers, 549 Conc. 5 W
Metal Fabricators	Flamboro Technical Services, 383 Conc. 6 E
Mill Equipment	Bev Brown Enterprises, 30 Maple Ave905-628-9929
Millwrights	Industrious Solutions, 540 Hwy. #8905-627-3600
Mobile Home Parks	John Bayus Park, 6501 S.S #1, Cambridge519-623-2845
	Beverly Hills Estates, Box 52146 Oakville
Mortgage Financing	Dominion Lending Centres, 9 Franklin St.,
	Verico - Fair Mortgage Solutions, 283 Dundas St. E800-521-1073
Movers	TWO MEN AND A TRUCK, 50 Dundas St. E905-981-5000

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Newspapers	Flamborough Review, 30 Main St. N	905-689-2003
Nursing Home	Alexander Place, 329 Parkside Dr	905-689-2662
Nuts-Edible	Picard Food Partnership, 447 Dundas St. E	

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**Optometrists** 

Jew

Dr. Janice Van Wyngaarden, 835 Hwy #97, Freelton .......905-659-3937 Family Eye Care, 66 Mall Rd., Hamilton ......905-385-3661 Waterdown Optometric Clinic, 301 Dundas St. E ..........905-689-7234

#### **ΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡΡ**

Pet Care	Spoiled Rotten Pet Services, 796 Millgrove Side Road905-541-6450
Pest Control	OHN Pest Management, Con. 12 E., Freelton
Pipewelders	Industrious Solutions, 540 Hwy. #8905-627-3600
Plumbing Contractors	Taylor's Plumbing, 300 Dundas St. E905-689-4777
Printers	SBF Business Forms, Box 49, Puslinch905-659-3498
Produce-Fresh	Brenn-B Farms Ltd., 1252 Conc. 5 W905-659-7419
	Earth Fresh, 131 Browns Line, Toronto416-201-4391
	Ubbelea Mushroom Farm, 1160 Edgewood Rd905-689-8610
Property Management	The Enfield Group, 1 Hamilton St. S905-689-7341
Pumps	Flamborough Pumps, 793 8th Conc. W,. Puslinch905-659-3337

### QQQQQQQQQQQQQQQQQQQQQQQQQ

Quarries

Dufferin Aggregates, 685 Brock Rd. .....905-627-7711 Lafarge Canada, 628 Hwy. #5 ......905-527-2744

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Race Track	Flamboro Downs, 967 Hwy. #5 W905-627-3561
Real Estate	Re/Max Condos Plus, 45 Harbour Sq., Toronto416-203-6636
Real Estate	Wendy Martin, Sutton Group About Town905-681-7900
Rendering	Rothsay, P.O. Box 8270, Dundas
Restaurants	Boston Pizza, Flamborough Power Centre905-690-1500
	Dairy Queen, 233 Dundas St. E905,689-8514
	Lord Byron Restaurant, 10 Main St. S905-689-6648
	Tim Hortons Donuts, 255 Dundas St. E
	The Royal Coachman, 1 Main St. N
	Turtle Jack's Muskoka Bar & Grill, 255 Dundas St. E905-690-1787
Retail	Walmart Canada, 90 Dundas St. E., R.R.#2
<b>Retirement Homes</b>	Village Manor Retirement Home, 57 John St.W
Roofing	Pacific Cedar Shake & Shingle, 2099 Hwy #6 N

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Security Systems	A.B. Wass Security, Box 390, Waterdown905-689-7931
	Connectall Communications, 368 Upper Wellington905-383-2282
Septic Tank Cleaning	Rankin's Septic Tank Pumping, Box 12, Waterdown905-689-5585
Service Clubs	DAF Soroptimists, 861 Centre Rd905-689-7237
Sewing Machines	Nova Sewing Machines, 289 Ottawa St. N., Hamilton905-549-8052
Social Services	CHOICES, 59 Kirby Ave., Greensville905-628-6147
Software Development	Medtel Software, 7 Innovation Dr905-389-2996
Sports	Goals Indoor Sports Club, 70 Innovation Dr905-690-2900
Surveyors	A.T. McLaren Ltd., 69 John St. S., S. Hamilton
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Testing Equipment	M & L Testing Equipment, 31 Dundas St. E905-689-7327
Toilets-Portable	Room To Go Inc., Box 76, Millgrove
Tools	Flamborough Technical Mgnt., Box 1282, Waterdown905-690-6094
Topsoil	Millgrove Garden Supplies, 682 Concession 5 W905-689-5527
Tourism	City of Hamilton Tourism, 34 James St. S., Hamilton905-546-2424
Traffic Tickets	Geoff Ellis, The Ticket D.O.C.T.O.R., 1294 Hwy. #6905-659-1844
Trailers	J.D.J. Trailer Manufacturers, 1056 Hwy. #6
	Wheeling World, 140 King St. E., Hamilton
Trans/Freight Forwarding	(ABH) Oversize Direct, 1 Waterwheel Cr
	L.P. Services, 100 Mead Ave., Hamilton905-312-9073
Trucking	Jimmy D Coverdale, 955 Highway #97, Freelton905-659-2253

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Weighing Systems	Trouble-Shooting Services, Box 185, Carlisle
Welding	Parsons Welding Service, 25 Dundas St. E905-689-5144
Wine & Beer	Polar Bay Wines, 254 Dundas St. E905-690-1868
Women's Services	Interval House, 630 Sanatorium Rd., Hamilton
Woodworking	Marinete Enterprises, 447 Moxley Rd. S905-627-6850

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\* For businesses with fewer than 10 employees

# **Flamborough Chamber of Commerce MISSION STATEMENT**

The Flamborough Chamber of Commerce is dedicated to leadership in recognizing and encouraging good corporate citizenship, defending and promoting private enterprise, contributing toward the growth of a healthy local economy and continual improvement to the quality of life in Flamborough.

Join the Flamborough Chamber of Commerce today for less than \$1 per day and have your business listed in this directory which is distributed to over 13,000 Flamborough homes and businesses every month by the Flamborough Review!

# FCC LUNCH 'N LEARN LEADERSHIP SEMINAR

Earlier this year, the Flamborough Chamber of Commerce (FCC) hosted a 4-session Lunch N Learn seminar facilitated by Penny Deathe of Leadership Management International (LMI). What follows are some thoughts on the seminar by Penny.

"Management is about persuading people to do things they do not want to do, while leadership is about inspiring people to do things they never thought they could do." (Steve Jobs)

At our recent Lunch n' Learn series on Transformational Leadership, hosted by the Flamborough Chamber of Commerce, a small group of local business people met to learn about what it takes to be a leader in today's turbulent world. This interactive series was aimed at helping them improve their personal performance and build leadership skills.

As a Business & Personal Development Coach with Leadership Management International (LMI) Canada, I facilitated the four part series which tackled Leadership vs. Management, Getting to SMART Goals, Time Management and Getting to Results.

"Management is about persuading people to do things they do not want to do, while leadership is about inspiring people to do things they never thought they could do." Steve Jobs

Transformational leadership has to do with a makeover from the deepest part of yourself, and it results in a new perspective, new ways of behaving, and revitalized values about life and leadership. Leadership is personal. It's not about the company, the community, or the country. It's about you. If people don't believe in the messenger, they won't believe the message. If people don't believe in you, they won't believe in what you say. And if it's about you, then it's about your beliefs, your values and your principles.

LMI works with thousands of clients all around the world to help



In partnership with the Flamborough Chamber of Commerce (FCC), Penny Deathe (front, centre) of LMI Canada facilitated a recent 4-session seminar on Transformational Leadership. The participants in the seminars included (back row, from left) Debra Tigchelaar (Drummond House), Christie Ellinger (Dynamic Body Health and Fitness), Wally Boonstra (Excel Heating and Air Conditioning), Catherine May (Excel Heating and Air Conditioning) and (front row, left) Dr. Raymond Kulik (Waterdown Denture Clinic) and (front row, right) Sue Rudnick (Flamborough Chamber of Commerce).

them achieve measurable results. At the core of our programs and workshops is helping clients to set and achieve business and personal goals. "What you get by achieving your goals is as important as what you become by achieving your goals." (Zig Ziglar)

Goal setting is used by successful business people and achievers in all fields. Setting goals gives you long-term vision, short-term motivation and self confidence. It focuses your acquisition of knowledge and helps you to organize your time and your resources so that you can make the very most of your life.

During the series, participants were asked to develop their personal mission statement and set some goals that they could work on. They were challenged to look at their lives and their legacy and establish what was important to them.

To become a Transformational Leader, one which inspires people to do what they never thought they could do, requires a plan of action and a commitment to develop the right attitude & behaviour.

# **WEEKS HARDWARE**

# COGECO